

# iPhone Filmmaking

## FOR BEGINNERS

Presented by Free Royalty Academy





## Hi Future Filmmaker!



Welcome to iPhone Filmmaking for Beginners!

At Free Royalty Academy, we believe anyone can be a filmmaker, and with just your iPhone, you already have a movie studio in your pocket!



This book will show you how to use cinematic tools like slo-mo, 24fps, 4K, and fun apps to bring your stories to life.

But remember, it's not the camera that makes a great film, it's YOU. Your ideas, your imagination, and your voice are what make movie magic. 🌟



# WELCOME TO FILMMAKING WITH YOUR IPHONE



Hi future filmmakers! 🙌

Did you know the phone in your pocket can shoot movies that look like the ones in theaters? It's true! With the right tools, apps, and a little practice, you can tell amazing stories and share them with the world.

This booklet will show you:

- The cool camera modes on your iPhone.
- Apps that make your videos look professional.
- How to use settings like 24fps, 4K, and Apple ProRes.
- Fun challenges to practice your skills.
- Tips for shooting like a pro.

# WHY IPHONE FILMMAKING?



A long time ago, you needed giant cameras and expensive studios to make movies. Now? All you need is an idea, your iPhone, and some creativity.

## **iPhone filmmaking is:**

- Affordable – You already have the camera!
- Portable – Take it anywhere, anytime.
- Powerful – iPhones now shoot in high-quality formats used by real filmmakers.
- Movies are about stories, not just cameras. You can create your own movies starting today.



# THE CAMERA IN YOUR POCKET



**Your iPhone camera has different modes for different styles of storytelling:**

- 🎬 Video Mode – Perfect for everyday filming.
- 🎞️ Cinematic Mode – Blurs the background for that Hollywood look.
- 🐢 Slow Motion (Slo-Mo) – Capture dramatic detail.
- ⌚ Time-Lapse – Make hours pass in seconds.

# APPS THAT MAKE YOU A PRO



**Your iPhone camera is powerful, but apps give you more control:**

- Blackmagic Camera App 📷 → Full manual settings like a pro camera.
- Open Gate 📐 → Use the full sensor for wide cinematic shots.
- Editing Apps:
- iMovie – Simple beginner editing.
- CapCut – Fun edits with effects.
- DaVinci Resolve (iPad) – Professional-level editing & color.



# SHOOTING IN APPLE PRORES



**Apple ProRes is a video format that keeps all the details.**

Benefits:

- Smoother editing.
- Rich, natural colors.
- Professional quality.
- ⚠ ProRes uses a lot of storage — save it for your best projects.

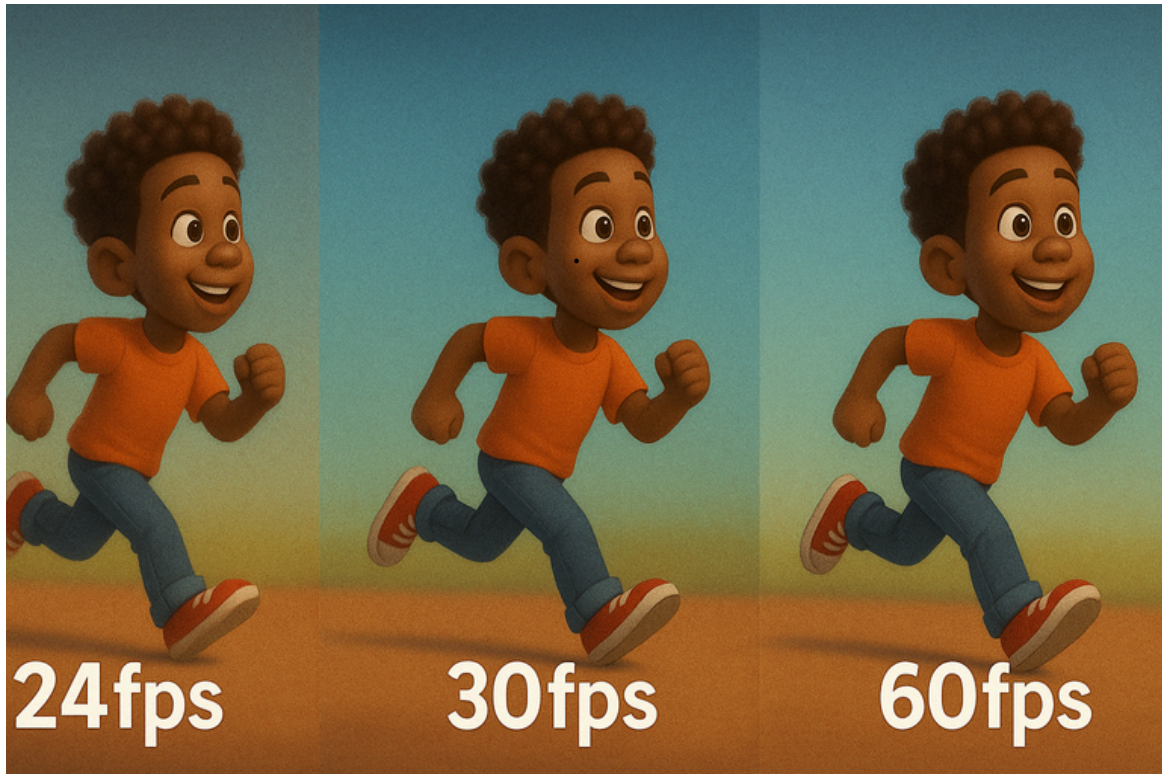
## 4K, RESOLUTION, AND SETTINGS



- 720p → Low quality.
- 1080p (HD) → Good for YouTube.
- 4K → Super clear, best for big screens.
- 🖐️ Shoot in 4K if you can — it makes your videos pop!



## FRAME RATES: 24FPS, 30FPS, 60FPS



- 24fps → Classic movie look.
- 30fps → Online standard.
- 60fps → Smooth, great for action or slow-mo.
- 🖱️ Start with 24fps in 4K for your short films.

## SLO-MO & TIME-LAPSE



- Slo-Mo: 120fps or 240fps → capture tricks, dances, water splashes.
- Time-Lapse: Turn hours into seconds → sunsets, traffic, cleaning your room.



## ESSENTIAL GEAR



### Helpful tools to upgrade your films:

- Tripod → steady shots.
- Clip-on mic → clear sound.
- Ring light → bright lighting.
- Or... just use natural window light!

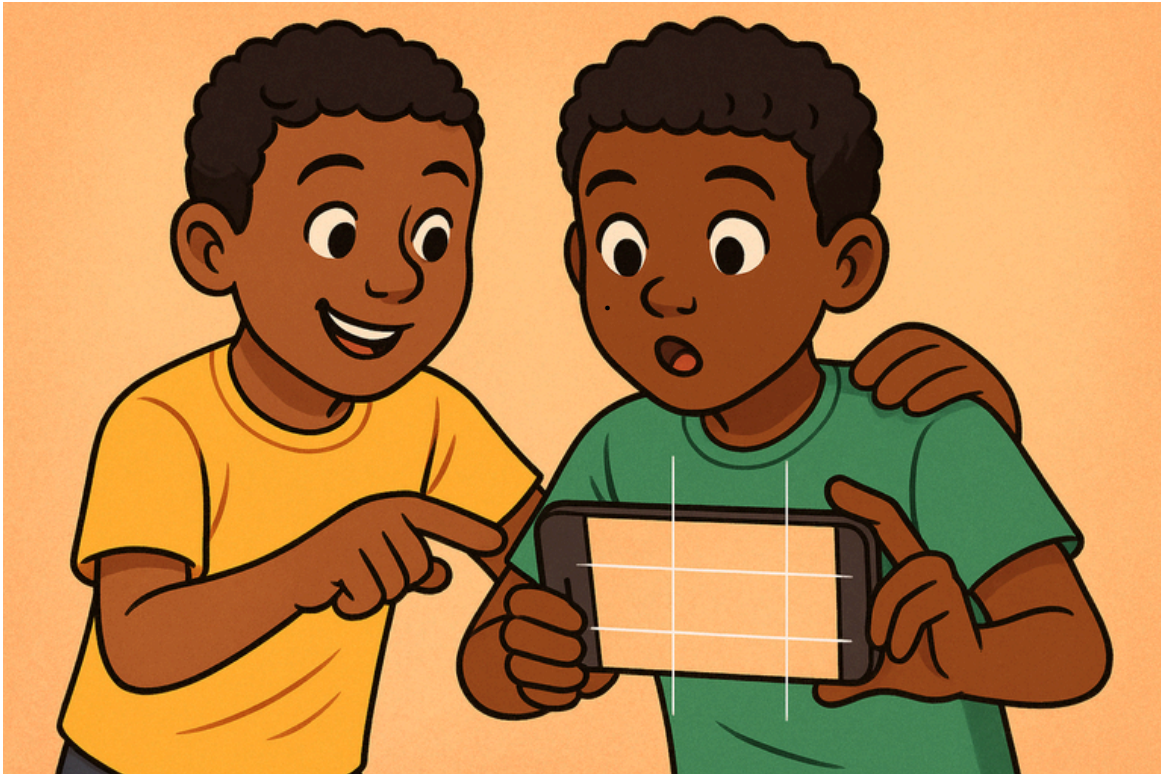
# SHOOTING TIPS FOR BEGINNERS



- Clean your lens ✨.
- Hold sideways (landscape).
- Lock focus/exposure in apps.
- Use wide shots + close-ups.
- Move slowly to avoid shaky footage.



## FRAMING THE SHOT



- **Hold your phone sideways (landscape).**
- **Keep the camera steady.**
- **Use both hands or a tripod.**
- **Rule of Thirds: Imagine your screen has a grid place faces at the cross points!**

## LIGHTING BASICS



- **Natural light = your best friend ☀️**
- **Face the light, don't hide from it.**
- **Lamps & flashlights can help indoors.**



## SOUND MATTERS!



- Quiet location = clear sound 🎧
- Stay close to your subject.
- Use earbuds or small mics if you have them.

## PLANNING YOUR SCENE



- **Every movie starts with a plan:**
- **Who's in it?**
- **Where is it?**
- **What happens?**
- **Draw storyboards or write a quick script!**



## DIRECTING LIKE A PRO



- **As a director, you're the leader!**
- **Tell your actors what to do.**
- **Make sure the camera is rolling.**
- **Keep the energy fun.**

## SHOOTING TRICKS



- **Wide shot:** shows the whole scene.
- **Medium shot:** shows waist up.
- **Close-up:** shows emotion on the face.
- **Mix shots to make it exciting!**



## EDITING MAGIC



- On your iPhone, use iMovie, CapCut, or VN Editor.
- Cut out mistakes.
- Add music 🎵
- Add titles or credits.

## ADD MUSIC & SOUND EFFECTS



- Music sets the mood 🎵
- Funny sounds make scenes pop! 😂
- Use royalty-free music or make your own beats.



## FUN CHALLENGES



- **Make a 1-minute movie.**
- **Slo-mo action trick.**
- **Cinematic dramatic scene.**
- **Time-lapse cleaning or sunset.**

Name \_\_\_\_\_

Date \_\_\_\_\_

# DESCRIBE YOUR PROJECT

**Describe the project you're creating for your Fun Challenge.**

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# STORYTELLING IS KEY



**Great stories matter more than fancy cameras. Ask:**

- **Who's my main character?**
- **What do they want?**
- **What's stopping them?**
- **How does it end?**



# YOUR FIRST SHORT FILM



## Steps to make your first film:

1. **Write a short story.**
2. **Plan your shots.**
3. **Film in 4K, 24fps.**
4. **Edit in iMovie or CapCut.**
5. **Add music + share it!**

## SHARE YOUR FILM



- **Show your family & friends.**
- **Upload to YouTube, TikTok, or Instagram.**
- **Enter film festivals for kids! 🎬**

## INSPIRATION



**Directors like Steven Soderbergh have filmed entire movies on iPhones! If they can, so can you.**

- **Your phone is more than a selfie machine, it's your gateway to Hollywood storytelling.**



## CLOSING WORDS



- **Congrats! 🎉 You now know how to film like a pro with your iPhone.**
- **Grab your phone. Tell your story. The world is waiting.**

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# CINEMATIC SETTINGS GUIDE (IPHONE)

**GOAL: MAKE YOUR VIDEOS LOOK LIKE REAL MOVIES BY USING 4K, 24 FPS, CINEMATIC MODE, AND (IF YOUR PHONE SUPPORTS IT) APPLE PRORES.**

## **Set your main video to 4K at 24 fps**

- **Open Settings** ⚙️
- **Scroll down → tap Camera**
- **Tap Record Video**
- **Choose 4K at 24 fps**
- **(Tip: On newer iPhones you can also change this right in the Camera app using the little HD/4K and 24/30/60 buttons at the top.)**

## **Turn on Apple ProRes (advanced, if your iPhone supports it)**

- **In Settings > Camera, tap Formats**
- **Turn on Apple ProRes**
- **(Pro models only) Tap ProRes Encoding → pick HDR, SDR, or Log**
  - **Bigger files, better quality. You'll see a ProRes button in the Camera app's Video mode to toggle it on/off when filming.**

## **Make Cinematic mode look “movie-ish”**

**Open Settings > Camera**

**Tap Record Cinematic**

**Pick 4K at 24 fps (or 4K at 30 fps)**

**On iPhone 14/15/16 models you can also switch HD/4K and 24/25/30 right on the camera screen with quick toggles.**

## **Bonus “pro” touches (optional but helpful)**

- **Turn on Grid & Level (helps framing with rule of thirds):**
- **Settings > Camera → switch on Grid and Level. [Apple Support](#)**
- **Lock White Balance / Lock Camera (steadier color & fewer lens switches):**
- **Settings > Camera > Record Video → turn on Lock White Balance and (if shown) Lock Camera.**



# iPhone Filmmaking Recap Quiz

## Cinematic Settings

1. Where in your iPhone do you go to change your video settings?
2. a) Photos app
3. b) Settings → Camera → Record Video
4. c) Messages

1. What frame rate makes your video look like a real movie?
2. a) 60 fps
3. b) 24 fps
4. c) 120 fps

1. What is Apple ProRes used for?
2. a) Saving space
3. b) Higher video quality
4. c) Sending texts faster

## Framing & Shooting

1. Should you hold your phone up-and-down (vertical) or sideways (landscape) when filming a movie?
2. What is the “Rule of Thirds” and why does it help make your shots look better?
3. Name two types of shots (wide, medium, close-up). Which one shows the most detail on someone’s face?

## Lighting & Sound

1. What’s the best source of light when you’re outside filming?
2. a) A flashlight
3. b) Natural sunlight
4. c) TV screen
5. True or False: You should film in a quiet place so your sound is clear.
6. What can you use to help hold steady light indoors if you don’t have studio lights?





# iPhone Filmmaking Recap Quiz

## Directing & Storytelling

1. What does a director usually shout before the camera starts rolling?
2. Why is it important to plan your scene before you start shooting?
3. Who is in charge of making sure the actors know what to do?

## Editing & Sharing

Name one app you can use to edit your movie on an iPhone.

1. What can you add in editing to make your film more exciting? (Hint: music, titles, or sound effects)
2. After finishing your film, where are two places you could share it?

## Choose All That Apply

What are the different Camera options for filming on your iPhone?

- ☐ Time-Lapse (sped-up video)
- ☐ Slo-Mo (slow motion)
- ☐ Video (regular filming)
- ☐ Cinematic (movie-style with blurry background)
- ☐ Portrait (for still photos, not video)
- ☐ Photo (taking pictures, not video)
- ☐ Panorama (wide photos, not for video)



# iPhone Filmmaking for Beginners

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## What's Inside:

Turn your iPhone into a movie camera! 🎬 Learn how to shoot in cinematic mode, slo-mo, and time-lapse, discover the magic of 24fps, 4K, and ProRes, explore awesome filmmaking apps, and practice with fun challenges to bring your stories to life.

## About Free Royalty Academy:

Free Royalty Academy is dedicated to helping kids and teens unlock their creativity through filmmaking, acting, and storytelling. We believe your imagination is powerful – and your story deserves to be told. ✨

